

In order to avoid scratches:

Do not use your clothes to wipe the lenses



Do not use paper towels, tissues or toilet paper to clean the lenses



Caring for your glasses lenses:

- ✓ Always follow the cleaning instructions on Page 1
- ✗ Do not use saliva to wet the lenses
- ✗ Do not use household glass or window cleaner to wet the lenses



Promoting health
for eyes, ears
and mind.



How to look after your glasses

Cleaning your glasses:

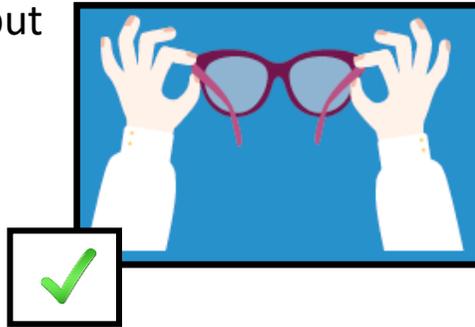
Follow these steps at least once daily:

1. Wash your hands thoroughly
2. Rinse your glasses under a gentle stream of tap water in order to remove any dirt
3. Apply a small drop of soap such as washing-up liquid to the lenses. It is important that the soap does not contain moisturiser
4. Using your fingertips, gently rub both sides of the lenses and the frames with the soap
5. Rinse both sides of the lenses and the frame thoroughly under a gentle stream of tap water
6. Dry the lenses and frame with a clean microfibre cloth



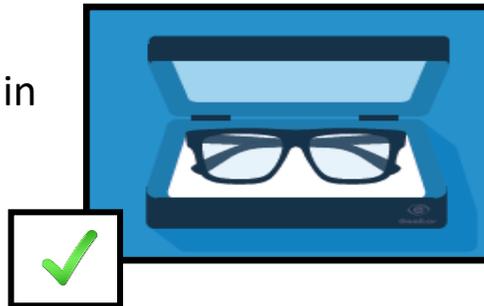
Taking your glasses on and off:

Always use both hands to put your glasses on and take them off. This keeps the glasses straight and prevents stretching and twisting of the frames

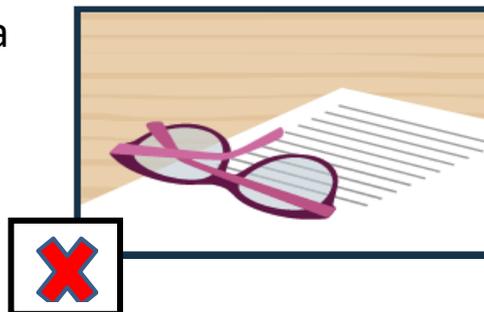


Storing your glasses when not in use:

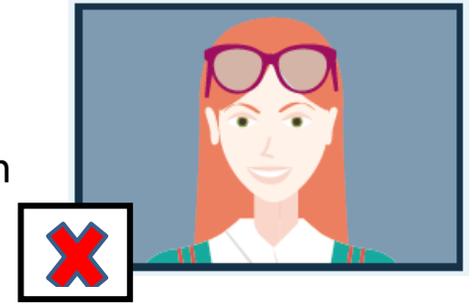
Always place your glasses inside their case when not in use



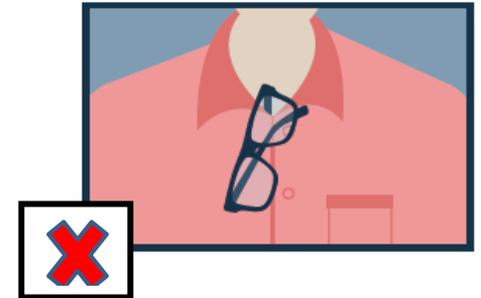
If you put your glasses on a table / surface, make sure that lenses are facing up. This is in order to avoid scratches



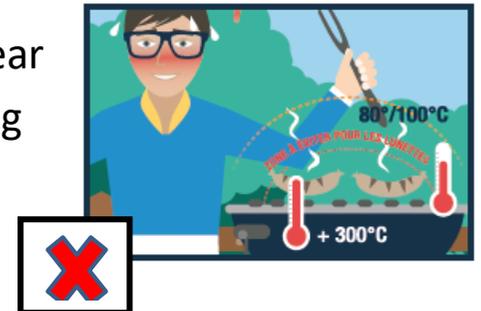
Do not place your glasses on top of your head when not in use



Do not hang your glasses on clothing or pockets



Do not leave your glasses near strong heat sources including the oven, heaters and radiators



Do not leave your glasses inside the car or next to windows in strong sunlight

